

The Prepared Director

MUSIC SUBSTITUTE LESSON

Emergency Plan #1

***50 min**
***No music
experience
necessary!**



Substitute Instructions

Attendance (2 minutes)

As the students enter please tell them they will only need a pen/pencil and a hard surface to write on today. NO instruments. Please have students sit in their normal seats. Take attendance.

Pass out worksheets (1 minute)

Please give each child a copy of the “What I Learned in Band Today” worksheets. Please have them put their names on them and tell them that we WILL be looking at them when we return. We expect thoughtful and engaged answers.

FOR VIDEOS: All hyperlinks should work properly in this PDF. However, if for any reason the links below are not working or if you are using a printed copy of this sub plan, please visit www.BandDirectorsTalkShop.com and search “Band Substitute Lesson Plan.” (Be sure you choose the **BAND** one and not the Beginning Band one.) Use links from the article. You should be able to get the next video ready to go as they complete their questions/worksheet.

Show video #1- [How to Read Music](#) (6 minutes)

Answer Video #1 Questions (2-3 minutes)

Show Video #2- [How Brass Instruments Work](#) (4 minutes)

Answer Video #2 Questions (2-3 minutes)

Show Video #3- [How Playing an Instrument Benefits Your Brain](#) (5 minutes)

Answer Video #3 Questions (2-3 minutes)

Show Video #4- [A Different Way to Visualize Rhythm](#) (5 minutes)

Answer Video #4 Questions (2-3 minutes)

Show Video #5- [A-rhythm-etic- The Math Behind the Beats](#) (6 minutes)

Answer Video #5 Questions (2-3 minutes)

Allow students to get in groups of 4 to create their own rhythms depending on how well they are acting. If they cannot handle free group work (your call) simply continue on to the optional portion (below).

Time Permitting Optional Video (It’s fine if they get to watch part/all of it but not complete.)

ADDITIONAL OPTIONAL Video #6- [Music and Math: The Genius of Beethoven](#) (4 min)

Answer Video #6 Questions (2-3 minutes)

WHEN THE BELL RINGS- Please collect papers as the students are leaving.



Name: _____

Date: _____

Video #1- How to Read Music

- 1.) The left/right axis on a staff tells a performer:
 - a.) The rhythm
 - b.) The beat
 - c.) The pitch
 - d.) The clef
- 2.) In music, the letters A to G describe:
 - a.) The rhythm
 - b.) The beat
 - c.) The pitch
 - d.) The clef
- 3.) Which time signature tells a performer that there are four half note beats in each bar?
 - a.) 2/4
 - b.) 4/2
 - c.) 2/2
 - d.) 4/4
- 4.) What kind of music inspires you? Why?

- 5.) Name 3 things in this video that you already knew because your band directors are awesome. =)

Video #2- How Brass Instruments Work

- 1.) Brass instruments create vibration from _____:
 - a.) Being plucked or bowed
 - b.) Being struck
 - c.) The mouth (lips)
 - d.) Air against a reed
- 2.) The brass instrument capable of playing the lowest notes is the:
 - a.) tuba
 - b.) trombone
 - c.) trumpet
 - d.) clarinet
- 3.) What did the video mention about the importance of the use of air? Do you think this is true for woodwind players as well? What about percussion?

- 4.) Explain how a brass musician can create various pitches with his/her instrument. If you are not a brass player, explain how your instrument is able to create various pitches also.



Name: _____

Video #3: How Playing an Instrument Benefits Your Brain

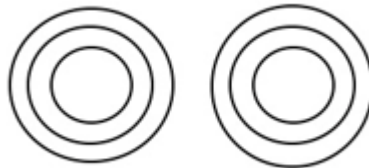
- 1.) Neuroscientists are excited about watching the brain functions of musicians because...
 - a.) Musicians' brains are cuter than average
 - b.) Musicians' brains have green polka dots
 - c.) Musicians use more parts of their brains to simultaneously complete tasks
- 2.) Learning a musical instrument has been found to assist in our memory abilities. How does your capacity to remember facts, ideas and things you have seen and heard, impact your ability to learn?

- 3.) What are some things you get to do in band that use your brain in a different way than your other classes at school?

Video #4- A Different Way to Visualize Rhythm

- 1.) A rhythm requires:
 - a.) beat
 - b.) pitch
 - c.) a vowel
 - d.) a beat with a distinguishable offbeat or backbeats
- 2.) Name one of the styles of music he showed in this video that you liked. Which one made you want to tap your foot or dance?

- 3.) Sketch 2 examples of a rhythm circle you think would sound cool. Make one SIMPLE and one COMPLEX.



- 3.) How are the layers of rhythms and the layers of instruments in a band similar? (Hint: how do many different parts to the music fit together?)



Name: _____

Video #5- A-Rhythm-etic - The Math Behind the Beats

- 1.) What does Cameron call his style of rhythm?
a.) a-rhythm-nation b.) a-rhythm-etic
c.) a-beat-bop-a-rhythm d.) rhythm-math

- 2.) Cameron compares the beats in a measure to the amount of _____
a.) quarters in a dollar b.) pennies in a nickel
c.) nickels in a dime d.) all of these

- 3.) In your own words, explain how music is mathematical...

- 4.) Do you think Cameron practices a lot? Do you think he feels like it is worth it? Does he seem to enjoy playing his instrument?

Video #6- Music and Math - The Genius of Beethoven

- 1.) Name 2 things from this video that you ALREADY knew:

- 2.) Name 3 things from this video that you did not know (but you do know now):

BONUS: What are your 2 favorite things we do in band class?

1. _____
2. _____



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music program or your personal teaching.
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Other resources you may be interested in:

A circular graphic with a treble clef on the left. The text reads "Music Theory Games Level I Bundle 9 Games!". The background is black with white musical notes and a white circle containing the text.

A rectangular graphic with a blue background. The text reads "SUB PLANS BUNDLE 6 Ready-To-Go Plans for Band or Upper Elem Music *Editable Sub Binder Prep Pack included!". A treble clef is on the left.

A rectangular graphic with a black background. The text reads "Band Instrument Care Instruction Pack Print and hand out! Instruments: Flute Oboe Bassoon Clarinet Saxophone Trumpet French Horn Trombone Euphonium Tuba Percussion Easy-to-read Pictures included!". There are images of instrument care sheets.

A rectangular graphic with a black background. The text reads "WORK ETHIC POSTERS 10 images!". It features several motivational posters with text like "Sooner or later the man who wins is the man who thinks he can't", "I didn't say it would be easy I said it would be WORTH IT!", "The way you do anything is the way you do everything.", "HARD WORK BEATS TALENT WHEN TALENT DOESN'T WORK HARD", "You don't get what you Wish For You get what you Work for", and "AMBITIOUS GOALS MAKE FOR OUTSTANDING ACHIEVEMENTS".

A rectangular graphic with a yellow background. The text reads "PRACTICE POSTERS 10 Images!". It features several posters with text like "To IMPROVE quickly, PRACTICE slowly", "PERFECT Practice Makes PERFECT", "to motivate IT'S NOT HARD. You just think it's hard because it's NEW.", "For best results PRACTICE DAILY Practice only on days YOU EAT", "PRACTICE makes it NOT NEW.", and "Don't whine. PRACTICE.".

A rectangular graphic with a blue background. The text reads "WINTER MUSIC GAMES Note Name Speed Races". It features a skier on a snowy mountain and a musical staff with notes. The text includes "Beginner", "Intermediate", and "Expert".

A rectangular graphic with a purple background. The text reads "Music SYMBOL & WORD WALL 35+ signs to decorate your walls or bulletin boards". It features several signs with musical symbols and words like "STAFF", "Time Signature", "Names of Lines", "FLAT", "SIXTEENTH REST", "ACCENT", and "HALF NOTE".

A rectangular graphic with a blue background. The text reads "RHYTHM ENVELOPE GAMES Vol. I 7 Complete Sets!". It features musical notes and envelopes. The text includes "Features the following notes & rests".

A rectangular graphic with a black background. The text reads "Back-to-School BUNDLE For Band Directors Save \$ with the bundle!". It features a large green treble clef and several smaller product images like "Band Locker Guidelines", "This Worked GREAT!", "Band Director's CHECKLIST", "Substitute Lesson Plans", "Instrument Care BUNDLE", and "Music SYMBOL & WORD WALL".

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